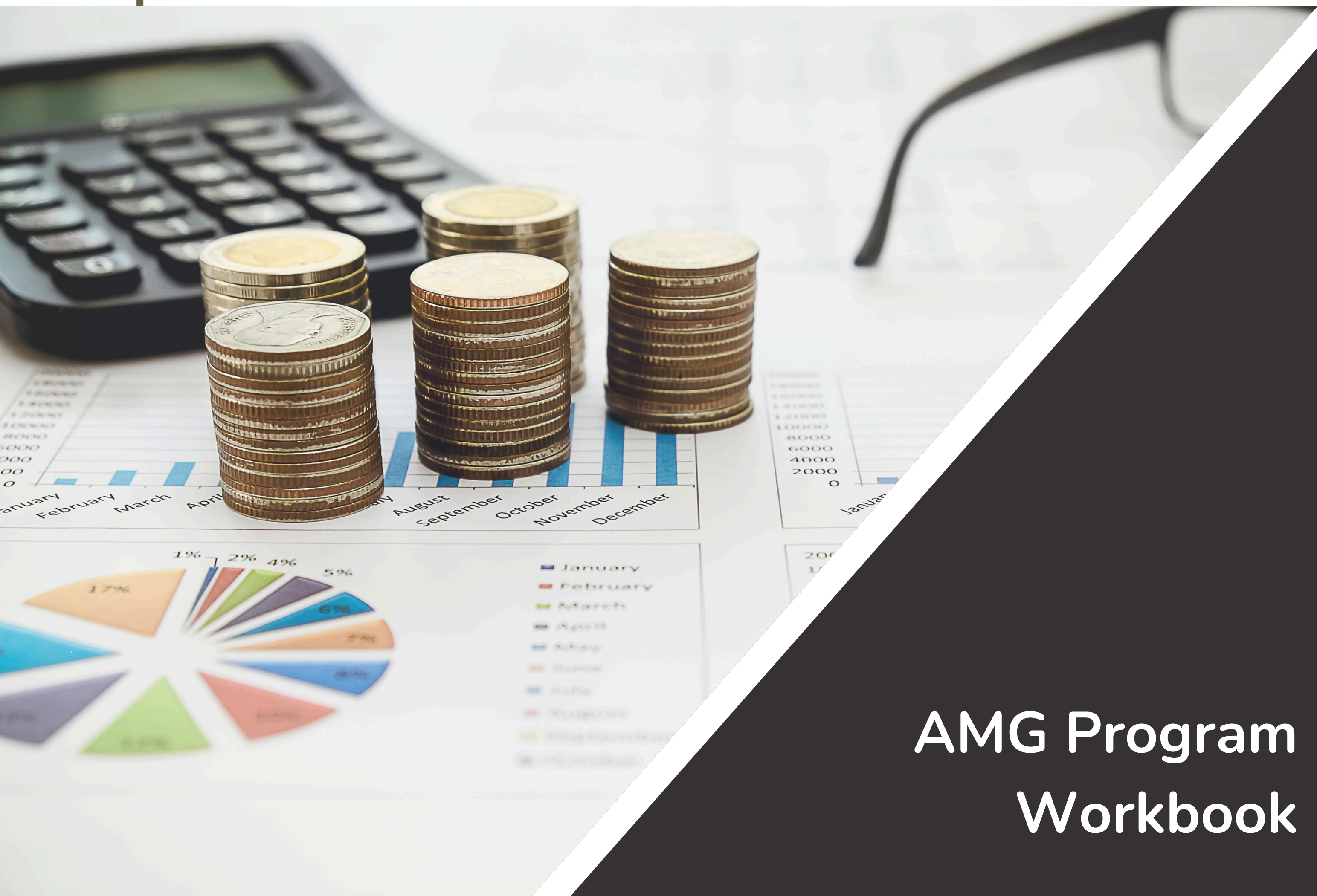
Accelerate Mastermind Group

MONEY MASTERY



AMG Program Workbook

Accelerate Practice Academy

Understanding My Current Financial Blueprint

1. My financial freedom number (the investable debt free amount of money that will provide a return that you can live on permanently) is?

2. What is my current upper financial threshold?

3. What does my inner voice tell me when I imagine doubling my income in the next 18 months.

4. What are my major limiting belief categories?

5. What are my top three psychological success drivers?

6. What's my current story /belief about money and me?

Finding My Financial Freedom Number

Expense type	Monthly	Yearly
Food		
Rent/House repayments		
Electricity/Water/Phone/Internet		
Holidays		
Entertainment		
Transport		
Insurance		
Clothes		
Education		
Health/Doctors		
Add 25%		
TOTAL YEARLY SPEND		

Divide total yearly spend by 0.07 (assume you can get a 7% return).

Amount of Money I need in investments to be financially free is:

Some Common Limiting Beliefs Around Money.

(S= Scarcity, R = Rejection, I= I'm not worth it, T= Too great a sacrifice, L= Lacking in skills, W = Wrong Vehicle to make money)

- Money doesn't grow on trees. S
- You have to flog yourself to make money. T
- Rich people are assholes. R
- I'll become isolated if I become wealthy. R
- People get rich by taking advantage of others. T
- The more money I make the less free time I'll have. T
- Money isn't important to me. T
- If I got rich from owning a vet practice I'd have to be ripping people off. R
- I can be liked as a vet or make money as a vet. R
- If my clients don't have the money for a treatment it's my obligation to find a solution for them. W
- I'm just not good with money. L
- My team will resent me if they think I make a lot of money. R
- My team will ask for a pay rise if they saw how much money I make. S
- I feel like I am taking something from people when I charge them. I
- I feel embarrassed taking to my clients about money. I
- My clients would think I'm ripping them off if they thought I was wealthy. R
- Why should I be wealthy when others aren't? S
- My family will reject me if I appear wealthy. R
- More money = more tax so not worth it. T
- I must work the hardest if I make the most. T
- I feel guilty making more than my fair share. I
- There is so much poverty that any more than enough to "pay the bills" is greedy. S
- I'm not smart enough to make a lot of money. L
- If I make a lot of money I'll not spend as much time with my kids and I'll regret that. T
- I'll never be wealthy because I'm just not that way inclined. L
- Making money is hard. T
- I'll have to take advantage of people if I'm to make a lot of money. R
- What I do is no better than others so I shouldn't make more money than them. I
- I'm not good enough to make lots of money. I

- It’s hard to make money in my field. W

Your Psychological Success Drivers

In your business you own or work for list the following in order of importance of what you truly want.

LIST THE TOP 5 FOR YOU IN ORDER.
Be honest with yourself

- Recognition
- Fame
- Get out of pain. (Hate this/want that)
- Praise
- Money
- Satisfaction of a job well done
- The pursuit of excellence
- Competition- beating everyone else
- Empire builders
- Contribution to others

My New Financial Blueprint

What do I want to move my financial threshold to?

What do I want my top two psychological success drivers to be?

What new beliefs do I know to be true about me and money that I've decided to adopt to serve me in achieving my freedom number?

What's my new story about money?

The Power of Small Changes

Write down your TOP 10 frequently billed items below:

Item/ Price	Freq. of billing/week	Small $ increase	Increased profit/wk
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

What are others charging **How much could you charge**

1.

2

3.

4.

5.

6.

7.

8.

9.

10.

Total profit increase per week $

Net profit increase per year $

NOTES

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